



Vaccinations in Pregnancy

The CDC recommends the following vaccinations during pregnancy:

1. **Flu shot** if you weren't vaccinated before pregnancy.
2. **Tdap vaccine** optimal timing is between 27 and 36 weeks of pregnancy to maximize passing the antibody to the infant.
3. **Covid vaccine** this is recommended for everyone aged 6 months and older, including people who are pregnant, breastfeeding, trying to get pregnant now, or those who might become pregnant in the future. This recommendation includes getting boosters when its time to get one.